Course Syllabus RNSG 2261

COURSE: RNSG 2261 Clinical Nursing (2:0:8)
SEMESTER: Fall 2023
CLASS TIMES: Mondays per facility times and clinical schedule
INSTRUCTOR: Sarah Gill, MSN, RN
OFFICE: AH 112 A
OFFICE HOURS: Mondays 3 to 4 pm and Tuesdays 3 to 4 pm and by appointment
OFFICE PHONE: 806-716-2195
E-MAIL: sgill@southplainscollege.edu

"South Plains College improves each student's life."

GENERAL COURSE INFORMATION

*It is the responsibility of each student to be familiar with the content and requirements listed in the course syllabus. *

COVID-19
If you are experiencing any of the following symptoms, please do not attend class and either seek medical attention or get tested for COVID-19.
· Cough, shortness of breath, difficulty breathing
· Fever or chills
· Muscles or body aches
· Vomiting or diarrhea
· New loss of taste and smell

 Please notify DeEtte Edens, BSN, RN, Associate Director of Health & Wellness, at dedens@southplainscollege.edu or 806-716-2376

1. SPC will follow the recommended 5-day isolation period for individuals that test positive.
       a. Please note that day 0 is the date of positive test. Day 1 begins the first full day after the date of positive result.
 2. COVID reporting
       a. Please have students and employees notify DeEtte Edens if they have tested positive to verify dates before returning to class or work.
       b. The home tests are sufficient, but students need to submit a photo of the positive result. The date of the test must be written on the test result and an ID included in the photo. If tested elsewhere (clinic, pharmacy, etc.), please submit a copy of the doctor's note or email notification. Results may be emailed to DeEtte Edens, BSN, RN at dedens@southplainscollege.edu.
       c. A student is clear to return to class without further assessment if they have completed: the 5-day isolation period, symptoms have improved, and they are afebrile for 24 hours without the use of fever-reducing medication.
3. Please instruct students and employees to communicate with DeEtte Edens prior to their return date if still symptomatic at the end of the 5-day isolation.
 4. Exposed individuals will not be required to quarantine. If exposed, SPC does request individuals closely monitor themselves. If an individual does become symptomatic, please do not attend class or work, and be tested.

COURSE DESCRIPTION AND END OF COURSE OUTCOMES
RNSG 2261 integrates the principles and concepts of mental health, psychopathology, and treatment modalities as they relate to providing nursing care to patients and their families suffering from mental illnesses. The course is designed to provide the learner with the basic knowledge and skills necessary to function within the four roles of nursing, in compliance with the *January 2021 Texas BON Differentiated Essential Competencies*
(https://www.bon.texas.gov/pdfs/publication_pdfs/Differentiated%20Essential%20Competencies%202021.pdf), which include: Member of the profession; Provider of patient-centered care; Patient safety advocate; and Member of the health care team as well as following the NCSBN NCLEX RN Test Plan (https://www.ncsbn.org/public-files/2023_RN_Test%20Plan_English_FINAL.pdf.)
Refer to student handbook for a complete list for the DECS. RNSG 2261 is a clinical-based course which applies classroom knowledge acquired in the preceding foundational course (RNSG 2213) in the various psychiatric clinical settings that include inpatient psychiatric care as well as community-based services. Students are active participants and observers of various mental health nursing roles as they apply to patients and families across the life span. Students in the psychiatric settings are under the direct supervision of faculty members who are experienced in the specialty of mental health nursing.

At the end of the course, the student will demonstrate proficiency in the following areas as they are related to participating in care for patients and families that are experiencing mental health problems. After direct observation and visiting the clinical settings, the student will be able to explain the various roles of the professional nurse in caring for patients and families experiencing mental health problems. The student will demonstrate growth and advancement of communication skills by applying the foundations from their previous course in the psychiatric setting. The student will produce a "communication process recording" that includes a self-critique

and evidence of mastery of use of several therapeutic communication techniques. The student will demonstrate critical thinking and use a systemized problem-solving process while participating in care to persons and their families that are experiencing mental health problems.

Course Specific:

1. Apply the concepts and skills learned in Mental Health nursing and Nursing of Clients with Common Health Problems in a variety of settings.
2. Function within the three roles of nursing (provider of care, manager/coordinator of care, and member of profession) in a variety of settings. (Manager/Coordinator, Member of Profession)
3. Use the nursing process when working with clients/families experiencing problems or who are at risk for experiencing problems with psychosocial/spiritual functioning across the life span and in a variety of settings. (Level III Provider)
4. Practice within legal and ethical guidelines. (Level III Member of Profession)
5. Develop therapeutic relationships using therapeutic communication skills. (Level III Provider)
6. Demonstrate professional and personal growth, self-responsibility, and multidisciplinary team participation. (Level III Member of Profession)
7. Participate in case management, team planning, community assessment, and intervention, home care, acute care, and rehabilitative care of clients/families with psychosocial/spiritual problems. (Level III Provider)
8. Demonstrate concepts of teaching/learning required to provide care to clients, families and/or groups across the life span and in a variety of settings. (Level III Provider)
9. Demonstrate increasing self-awareness/self-responsibility, personal and professional growth. (Level III Member of Profession)
10. Deliver holistic nursing care including biological and physical aspects of care for clients/families experiencing psychosocial/ spiritual stressors across the life span. (Level III Provider)
11. Use critical thinking skills to deliver safe nursing care to clients, families, and/or groups. (Level III Provider)
12. Contribute as a health care advocate to the improvement of health care in the community. (Level III Manager/Coordinator)
13. Coordinate appropriate referral sources to meet the needs of clients, families, and/or groups. (Level III Member of Profession)
14. Assume responsibility for professional and personal growth. (Level III Member of Profession)
15. Act as a health care advocate in providing quality health care for clients, families, and/or groups. (Level III Member of Profession)

STUDENT LEARNING OUTCOMES

At the completion of the semester students will:

CLINICAL DECISION MAKING
  A. Analyze and utilize assessment and reassessment data to plan and provide individualized care pertinent to the individual patient that is the recipient of mental health services in both inpatient and outpatient settings.
  B. Demonstrate the orderly collection of information from pertinent sources in order to establish a foundation for nursing care in the form of a nursing process including assessment, formulation and application of nursing diagnoses, description of applicable interventions, and a meaningful and measurable evaluation of the plan of care.

COMMUNICATION
  A. Gain proficiency with therapeutic communication skills when interacting with all clients and their support persons encountered in the mental health setting as well as staff, nursing instructors, and peers.
  B. Protect confidential information while respecting the "duty to warn or duty to protect" when interacting with patients, staff, instructors, and peers in the mental health setting.

SAFETY
  A. Provide safe, cost-effective nursing care in collaboration with members of the health care team by utilizing critical thinking, problem solving, and the nursing process in a variety of settings through direct care, assignment, or delegation of care.

LEADERSHIP
  A. Provide support and cooperation while participating in the student role in a variety of settings that apply to mental health services in the inpatient and outpatient settings.
  B. Understand and evaluate the effectiveness of the healthcare team as they provide care to persons and support to their families or pertinent others while providing care in their respective settings.

  A. Integrate ethical, legal, evidence based, and regulatory standards of professional nursing practice while caring for persons who are the recipients of care in various mental health settings.
  B. Demonstrate caring behaviors and skills while utilizing the framework of the therapeutic nurse-client relationship and respecting the client's state of mental health, personal goals and needs, cultural values, beliefs and lifestyle, and any other characteristics that define that individual and their support system or family.

  A. Integrate ethical, legal, evidence based, and regulatory standards of professional nursing practice while caring for persons who are the recipients of care in various mental health settings.
  B. Demonstrate caring behaviors and skills while utilizing the framework of the therapeutic nurse-client relationship and respecting the client's state of mental health, personal goals and needs, cultural values, beliefs and lifestyle, and

any other characteristics that define that individual and their support system or family.
A.   Assume responsibility for professional growth and development.

EVALUATION METHODS
Clinical evaluation tool and course rubrics for clinical assignments.

ACADEMIC INTEGRITY
It is the aim of the faculty of South Plains College to foster a spirit of complete honesty and a high standard of integrity. The attempt of any student to present as his or her own any work which he or she has not honestly performed is regarded by the faculty and administration as a most serious offense and renders the offender liable to serious consequences, possibly suspension.

Cheating - Dishonesty of any kind on examinations or on written assignments, illegal possession of examinations, the use of unauthorized notes during an examination, obtaining information during an examination from the textbook or from the examination paper of another student, assisting others to cheat, alteration of grade records, illegal entry or unauthorized presence in the office are examples of cheating. Complete honesty is required of the student in the presentation of any and all phases of coursework. This applies to quizzes of whatever length, as well as final examinations, to daily reports and to term papers.

Plagiarism - Offering the work of another as one's own, without proper acknowledgment, is plagiarism; therefore, any student who fails to give credit for quotations or essentially identical expression of material taken from books, encyclopedias, magazines and other reference works, or from themes, reports or other writings of a fellow student, is guilty of plagiarism. You cannot use Artificial Intelligence to help write your papers and this is detectible with software for plagiarism and follows the same guidelines as plagiarizing.

VARIFICATION OF WORKPLACE COMPETENCIES
No external learning experiences are provided but learning experiences in lab provide setting in which student applies workplace competencies. Successful completion of the Entry Level Competency statements at the level specified by the course (Level Objectives) will allow the student to continue to advance within the program. Upon successful completion of the program, students will be eligible to take the state board exam (NCLEX) for registered nurse licensure.

BLACKBOARD
Blackboard is an e-Education platform designed to enable educational innovations everywhere by connecting people and technology. This educational tool will be used in this course throughout the semester.

SCANS and FOUNDATION SKILLS
Refer also to Course Objectives. Scans and Foundation Skills attached

SPECIFIC COURSE INFORMATION

TEXT AND MATERIALS
1. Townsend, M. C., & Morgan, K. I. (2020). *Essentials of psychiatric mental health nursing.* (9th ed.). F.A. Davis Company.
2. ATI- Mental Health 11.0 Book and ATI -Pharmacology 11.0 Book
3. Current drug guide
4. Blackboard and ATI

ADDITIONAL CLASSROOM ITEMS
Students should come to class prepared with pens, pencils, and a spiral notebook for taking notes or completed quizzes or assignments in class. Students should be prepared to take notes over lecture material if they choose.

ATTENDANCE POLICY (*READ CAREFULLY)
Class Attendance

Students are expected to attend all classes in order to be successful in a course. The student may be administratively withdrawn from the course when absences become excessive as defined in the course syllabus.

When an unavoidable reason for class absence arises, such as illness, an official trip authorized by the college or an official activity, the instructor may permit the student to make up work missed. It is the student's responsibility to complete work missed within a reasonable period of time as determined by the instructor. Students are officially enrolled in all courses for which they pay tuition and

fees at the time of registration. Should a student, for any reason, delay reporting to a class after official enrollment, absences will be attributed to the student from the first-class meeting.

Students who enroll in a course but have "Never Attended" by the official census date, as reported by the faculty member, will be administratively dropped by the Office of Admissions and Records. A student who does not meet the attendance requirements of a class as stated in the course syllabus and does not officially withdraw from that course by the official census date of the semester, may be administratively withdrawn from that course and receive a grade of "X" or "F" as determined by the instructor. Instructors are responsible for clearly stating their administrative drop policy in the course syllabus, and it is the student's responsibility to be aware of that policy.

It is the student's responsibility to verify administrative drops for excessive absences through MySPC using his or her student online account. If it is determined that a student is awarded financial aid for a class or classes in which the student never attended or participated, the financial aid award will be adjusted in accordance with the classes in which the student did attend/participate, and the student will owe any balance resulting from the adjustment.

 (http://catalog.southplainscollege.edu/content.php?catoid=47&navoid=1229#Class_Attendance)

Specific to this course

> **Attendance is mandatory.**
> **There are no excused absences.**
> Clinical experiences are weekly—8 hours per week.
> Only **one** clinical absence is allowed.
> You are not allowed a tardy in the clinical setting.
> **Students exceeding one clinical absence may receive a zero for the day and may be dropped from the course.**
> **Students who are dropped due to excessive absences will not pass the course. Students arriving late will be sent**
> **home, and this will be counted as a clinical absence.**

ASSIGNMENT POLICY
Refer to SPC ADNP Nursing Student Handbook Grading System
Must turn assignments in on time – All assignments are uploaded to Blackboard.
No late assignments are accepted unless there are extenuating circumstances approved by the instructor.

COMPUTER USAGE
As computer technology in the field of health occupations continues to become more popular, computers will be used in this course for several assignments. All students have access to computers and printers on the South Plains College campus. Students will be expected to utilize computers to access assignments and classroom resources. All registered students are supplied with a working email account from South Plains College. In order to take exams, students must have their username and password. **ALL STUDENTS ARE EXPECTED TO KNOW THEIR SPC STUDENT USERNAME AND PASSWORD.**

COMPUTER LAB USAGE
The computer lab(s) on any campus may be used by students during scheduled open hours or as assigned by an instructor. Printer paper will not be provided for students to print materials, but students may seek assistance from faculty or staff to request lab paper from the college if needed. Lack of computer lab paper is not an excuse for not having homework assignments, skills lab sheets, or any other required documents. Students should come prepared for class. However, during COVID there is no computer printing. You will need to print on your own OR you may print at the library with your Papercut account and currently the library hours are 745 am to 830 pm Monday, Tuesday, and Wednesday, 745 am to 4 pm Thursday and Friday and Sunday 2 pm to 6 pm. Hours are subject to change so please look at their Facebook and Library pages for changes.

EXAMS - There are no exams built into this clinical course.

GRADING POLICY
> Students are welcome to review any clinical grade with the instructor, just please make an appointment to review.
> A grade of 77% must be earned to pass RNSG 2261. **Grades are not rounded. Final semester grades will be based on:**
> Grading Scale: 90-100   A
>   80-89   B
>   77-79   C
>   70-76   D
>   69 or Below F

EMERGENCY MESSAGES

The student should notify his/her family that in case of an emergency during normal class schedule, they should call the Nursing Office at (806)716-2391 or (806)716-2193. Class will not be interrupted unless it is an emergency, so they must identify themselves and say it is an emergency to get immediate action.

The student should notify his/her family that in the case of an emergency during clinical rotations, they should call and leave a message or text (who they are and who they need to get in touch with for an emergency) to the number or numbers provided to them in the clinical course syllabus and/or on the clinical course schedule.

COMMUNICATION POLICY

- Electronic communication between instructor and students in this course will utilize the South Plains College "My SPC" and email systems. The instructor will not initiate communication using private email accounts. Students are encouraged to check Remind, Blackboard course email, Blackboard announcements and SPC email on a regular basis each week of class. Students will also have access to assignments, web-links, handouts, and other vital material which will be delivered via the classroom website. Any student having difficulty accessing the classroom website or their email should immediately contact their the SPC Help Desk for assistance and the instructor for direction. Check Blackboard Course Announcement daily. The instructor will work with any student to ensure the student has access to a computer on campus and can obtain the needed class content that is located on the course website.
- **Follow the student handbook regarding cell phone policy in the clinical setting. If you do not follow the cell phone policy in the clinical setting you may be sent home with an absence, or you could be dismissed from the program if you are using your cell phone in a manner that breaks HIPAA.**
- **If you break HIPAA in any way, you may be immediately dismissed from the SPC ADN program.**

STUDENT CONDUCT

Rules and regulations relating to the students at South Plains College are made with the view of protecting the best interests of the individual, the general welfare of the entire student body and the educational objectives of the college. As in any segment of society, a college community must be guided by standards that are stringent enough to prevent disorder, yet moderate enough to provide an atmosphere conducive to intellectual and personal development.

A high standard of conduct is expected of all students. When a student enrolls at South Plains College, it is assumed that the student accepts the obligations of performance and behavior imposed by the college relevant to its lawful missions, processes, and functions. Obedience to the law, respect for properly constituted authority, personal honor, integrity, and common sense guide the actions of each member of the college community both in and out of the classroom.

Students are subject to federal, state, and local laws, as well as South Plains College rules and regulations. A student is not entitled to greater immunities or privileges before the law than those enjoyed by other citizens. Students are subject to such reasonable disciplinary action as the administration of the college may consider appropriate, including suspension and expulsion in appropriate cases for breach of federal, state or local laws, or college rules and regulations. This principle extends to conduct off-campus which is likely to have adverse effects on the college or on the educational process which identifies the offender as an unfit associate for fellow students. Any student who fails to perform according to expected standards may be asked to withdraw.

Rules and regulations regarding student conduct appear in the current Student Guide.

SPECIAL REQUIREMENTS (*Read Carefully)

Dropping a class

Dropping a class will be instructor initiated.

If a student is not successful in the following course: RNSG 2213 the instructor will meet with the student to discuss about dropping the course and what grade will be assigned.

Withdrawing from all classes

If a student wishes to withdraw from all courses, they should initiate that process with the Advising Office. They can schedule an appointment with an advisor by visiting http://www.southplainscollege.edu/admission-aid/advising/spcadvisors.php or by calling 806-716-2366.

Withdrawing from all classes

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Schedule Change (after late registration and before census date)

To make a schedule change after late registration (August 28) and before the census date (September 9), students should submit a **Schedule Change Form.** After late registration, adding a class requires instructor approval. If a student is requesting to be added to one of your courses and you approve, please email registrar@southplainscollege.edu with your approval. This can take the place of signature on the Schedule Change Form that we have required in the past. For additional information regarding schedule changes, drops and withdrawals, click here.

COURSE DISCLAIMER

Working with the public in emergency situations is stressful and requires a mentally tough individual to provide medical care. This course is designed to teach students about real-world situations the nurse may potentially encounter while managing patient care. **To better prepare students for a career in the Nursing profession, there will be times during this course where students will be exposed to training scenarios and situations that will be unpleasant to the average college student. If the student does not feel they can tolerate this type of learning environment, they should discuss this with me immediately before continuing the course. Additionally, enrollment in this course does not guarantee a passing grade, successful completion of the nursing curriculum, or passing nursing state boards.**

SPECIAL REQUIREMENTS

1. Clinical Component:
   a. Clinical skills all have a rubric that has a grade associated with it.
   b. The clinical instructor may remove the student from the clinical setting if the student demonstrates unsafe clinical performance as evidenced by the following:
      1) Places a client in physical or emotional jeopardy
      2) Inadequately and/or inaccurately utilizes the nursing process.
      3) Violates previously mastered principles/learning/objectives in carrying out nursing care
         skills and/or delegated medical functions.
      4) Assumes inappropriate independence in action or decisions.
      5) Fails to recognize own limitations, incompetence and/or delegated medical functions.
      6) Fails to accept moral and legal responsibility for his/her own actions; thereby, violating
         professional integrity as expressed in the Code for Nurses and the Nursing Practice Act.
      7) Repeated incidences will result in clinical failure and/or dismissal from the ADNP.

2. Dress Code:
1) The South Plains College name badge must be worn with your picture and must be visible in all clinical settings. (In some settings you may be asked to put a small piece of tape over your last name.) You must be in your SPC uniform as directed in the student handbook. (See ADNP Student Handbook)

CLINICAL ASSIGNMENTS, CONDUCT, AND ADDITIONAL GUIDELINES

1. All written assignments, nursing processes and formal communication processes, must be
   turned in to the clinical instructor by the time assigned. No late work is accepted unless extenuating circumstances have been approved by the instructor.
2. For extenuating unavoidable circumstances an appointment may be set up with the clinical instructor for an
   extension on written assignments **before the due date**.
3. The student is to contact by remind or email their assigned instructor, whenever there is a doubt or questions about
   student assignment, conduct, or patient safety issue while in the clinical setting.
4. Students are not allowed to escort patients who are on any type of precautions or restrictions without the presence of a
   qualified staff member.
5. Students are not to give medications or chart with the exception of the graphic sheet.
6. If assigned to a unit with a seclusion area students must have instructor's and staff's permission to enter seclusion and then
   only in the presence of two staff members.
7. Students must maintain confidentiality, abide by all legal/ethical guidelines, and promote patient safety at all times. Any
   breaches of this policy must be reported to the instructor immediately by the student or any other student that witnesses such a breach. **Students may discuss clients in the context of their post-conference meeting or while giving a formal (classroom environment) presentation but may not discuss clients shared under any other circumstances that would affect confidentiality. Written assignments and journal entries respect confidentiality and are considered for educational purposes. The student will not refer to any client by their name—instead using only one initial to refer to that patient. For instance, John Doe would be referred to as either Mr. J or Mr. D.**
8. Students are not to perform any procedures or give any medications at all.
9. Students are not allowed in any clinical area without instructor's knowledge and permission.
10. Students may not take photocopies of any portion of the patient's chart outside of the clinical facility.
11. When the student is gathering data for their formal nursing process and communication process, they are expected to take
    notes while in the clinical setting and should never use the personal name of a person or any of their family or support system. In all cases, an initial will suffice instead of using the patient's name.

RESOURCES: Identifies, organizes, plans and allocates resources.

C-1   **TIME**--Selects goal--relevant activities, ranks them, allocates time, and prepares and follows schedules.

C-2   **MONEY**--Uses or prepares budgets, makes forecasts, keeps records, and makes adjustments to meet objectives

C-3   **MATERIALS & FACILITIES**-Acquires, stores, allocates, and uses materials or space efficiently.

C-4   **HUMAN RESOURCES**--Assesses skills and distributes work accordingly, evaluates performances and provides feedback.

INFORMATION--Acquires and Uses Information

C-5   Acquires and evaluates information.

C-6   Organizes and maintains information.

C-7   Interprets and communicates information.

C-8   Uses computers to Process ormation.

INTERPERSONAL--Works With Others

C-9   Participates as members of a team and contributes to group effort.

C-10   Teaches others new skills.

C-11   Serves clients/customers--works to satisfy customer's expectations.

C-12   Exercises leadership--communicates ideas to justify position, persuades and convinces others, responsibly challenges existing procedures and policies.

C-13   Negotiates-Works toward agreements involving exchanges of resources resolves divergent interests.

C-14   Works with Diversity-Works well with men and women from diverse backgrounds.

SYSTEMS--Understands Complex Interrelationships

C-15   Understands Systems--Knows how social, organizational, and technological systems work and operates effectively with them

C-16   Monitors and Correct Performance-Distinguishes trends, predicts impacts on system operations, diagnoses systems' performance and corrects malfunctions.

C-17   Improves or Designs Systems-Suggests modifications to existing systems and develops new or alternative systems to improve performance.

TECHNOLOGY--Works with a variety of technologies

C-18   Selects Technology--Chooses procedures, tools, or equipment including computers and related technologies.

C-19   Applies Technology to Task-Understands overall intent and proper procedures for setup and operation of equipment.

C-20   Maintains and Troubleshoots Equipment-Prevents, identifies, or solves problems with equipment, including computers and other technologies.

Foundation Skills

BASIC SKILLS--Reads, writes, performs arithmetic and mathematical operations, listens and speaks

F-1   Reading--locates, understands, and interprets written information in prose and in documents such as manuals, graphs, and schedules.

F-2   Writing-Communicates thoughts, ideas, information and messages in writing, and creates documents such as letters, directions, manuals, reports, graphs, and flow charts.

F-3   Arithmetic--Performs basic computations; uses basic numerical concepts such as whole numbers, etc.

F-4   Mathematics--Approaches practical problems by choosing appropriately from a variety of mathematical techniques. F-5 Listening--Receives, attends to, interprets, and responds to verbal messages and other cues.

F-6   Speaking--Organizes ideas and communicates orally.

THINKING SKILLS--Thinks creatively, makes decisions, solves problems, visualizes, and knows how to learn and reason

F-7   Creative Thinking--Generates new ideas.

F-8   Decision-Making--Specifies goals and constraints, generates alternatives, considers risks, and evaluates and chooses best alternative.

F-9   Problem Solving--Recognizes problems and devises and implements plan of action.

F-10   Seeing Things in the Mind's Eye--Organizes and processes symbols, pictures, graphs, objects, and other information. F-11   Knowing How to Learn--Uses efficient learning techniques to acquire and apply new knowledge and skills.

F-12   Reasoning--Discovers a rule or principle underlying the relationship between two or more objects and applies it when solving a problem.

PERSONAL QUALITIES--Displays responsibility, self-esteem, sociability, self-management, integrity and honesty

F-13   Responsibility--Exerts a high level of effort and preservers towards goal attainment.

F-14   Self-Esteem--Believes in own self-worth and maintains a positive view of self.

F-15   Sociability--Demonstrates understanding, friendliness, adaptability, empathy, and politeness in group settings.

F-16   Self-Management--Assesses self accurately, sets personal goals, monitors progress, and exhibits self-control.

F-17   Integrity/Honesty--Chooses ethical courses of action.